



Jump into the Latin-inspired, easy to follow, calorie burning, dance fitness party that makes working out a

SPLASH!!!!

Tuesday's & Thursday's
6:30pm - 7:30pm
Fee: \$5/class
Pass - \$50/ 10 classes
Meridian Park Family Aquatic Center
Starts : June 5th



WATER AEROBICS CLASSES



Monday's & Wednesday's
6:30pm - 7:30pm
Meridian Park Family Aquatic Center
\$30/month

Sessions: June, July, August

A refreshing way to tone, shape and feel better. Each workout will consist of warm-up, aerobics, and cool down. All areas of the anatomy are worked to receive overall conditioning.

Register at the Parks Dept.
Instructor: Christy Miller-Leaser



Lap Swimming

Offered Monday-Thursday

\$16 for 2 days

\$30 for 4 days

A lifeguard will be on duty!

6:30pm - 7:30pm

You will swim the width of the pool due to other programming going on!

Shelbyville Parks Department
945 South Tompkins Street
Shelbyville, IN 46176
392-5128

www.shelbyparks.com

Meridian Park Family Aquatic Center
101 McKinley Street
398-3537